

## Cardiac Medication Adjustment for Myocardial Perfusion Imaging

For accurate results with Myocardial Perfusion Imaging (MPI) tests, certain medications will need to be adjusted before the test. These instructions may differ depending on whether you have been booked for an exercise MPI (called a MIBI) or a non-exercise MPI (called a DIPY).

*Please carefully read these guidelines to assist you in determining which of your medications to adjust and for how long.*

### 2-Day Exercise MPI (MIBI) Medication Adjustment

You will be required to have two appointments, one for the stress protocol and another for the rest protocol. They will not be done on the same day but can be done in either order. The **medication adjustment instructions for each test differ slightly**; be sure that you **review the instructions for both**.

#### Exercise Test

If you are taking any of the following medications, be sure that you do not take them for **48 hours** before your test:

- Diltiazem (Cardizem, Tiazac)
- Verapamil (Isoptin, Chronovera)
- Timolol (Blocadren)
- Bisoprolol (Monacor)
- Nadolol (Corgard)
- Pindolol (Visken)
- Propranolol (Inderal)
- Sotalol (Sotacor)
- Acebutolol (Sectral)
- Atenolol (Tenormin, Tenoretic)
- Carvedilol
- Labetalol
- Metoprolol (Lopressor)

*Do not apply a Nitroglycerin patch for **24 hours** before your test.*

*Do not eat or drink for **2 hours** prior to your Stress Test (including water, medication(s), candy, and gum).*

#### Rest Test

Unless otherwise directed, all medications, patches, and inhalers should be taken as normal for your Rest Test.

*Do not eat or drink for **4 hours** prior to your Stress Test (including water, medication(s), candy, and gum).*

## 2-Day Non-Exercise MPI (DIPY) Medication Adjustment

This test is ordered when your doctor considers a standard exercise MPI to be unsafe. You will be required to have two appointments, one for the stress protocol and another for the rest protocol. They will not be done on the same day but can be done in either order. **Please review the instructions below carefully; if you do not follow these guidelines, your test will need to be rescheduled.**

### Exercise Test

If you are taking any of the following medications, be sure that you do not take them for **48 hours** before your test:

- Diltiazem (Cardizem, Tiazac)
- Verapamil (Isoptin, Chronovera)
- Timolol (Blocadren)
- Bisoprolol (Monacor)
- Nadolol (Corgard)
- Pindolol (Visken)
- Propranolol (Inderal)
- Sotalol (Sotacor)
- Acebutolol (Sectral)
- Atenolol (Tenormin, Tenoretic)
- Carvedilol
- Labetalol
- Metoprolol (Lopressor)

Do not consume any caffeine for **36 hours** before your Stress Test. This includes:

- Coffee/Tea (\*including decaf!\*)
- Pop/energy drinks
- Chocolate
- **Lenoltec** (T3s, Tylenol-3, Acetaminophen-Codeine-Caffeine)

Do not apply a Nitroglycerin patch for **24 hours** before your test.

*Do not eat or drink for **2 hours** prior to your Stress Test (including water, medication(s), candy, and gum).*

### Rest Test

Unless otherwise directed, all medications, patches, and inhalers should be taken as normal for your Rest Test.

*Do not eat or drink for **4 hours** prior to your Stress Test (including water, medication(s), candy, and gum).*